


I'm Car Seat Kitty, the Safety Cat. Riding in a car is lots of fun when you make car seat safety Rule Number One!


When we get in the car, you'll be happy to know, we all buckle up before we're ready to go.


When I ride in the car, I don't throw my toys. I play quiet games that don't make much noise.


I don't fight with friends,


I sit in my seat


Or wiggle around,


And look all around!


I tuck in my tail! I pull in my paws! I stay buckled in my seat because ...


> When you make Car Seat Safety Rule Number One, riding in a car can be lots of fun!

## Safety Tips For Parents

## 1. ALWAYS BUCKLE UP YOUR CHILD -AND YOURSELF - EVEN ON SHORT TRIPS.

2. The safest place for your child is in the middle of the back seat.
3. Infants (at one year and up to 20 pounds), whether in an infant seat or convertible seat, should always be placed facing the rear of the car.
4. For the first few months, your baby may need extra protection around his or her head. To give your baby extra protection, use two rolled blankets, towels or diapers and place them between the sides of the seat and the head and shoulders of your baby.
5. NEVER use a household baby carrier as a car safety seat.
6. Always use the harness straps to safely and comfortably hold your child in the safety seat. It is important to remember that the harness clip should be latched and placed at armpit level.
7. Make sure harness straps are snug. If you can pinch the strap between your fingers, it's too loose.
8. Read and follow child safety seat instructions and the automobile manufacturer's instructions carefully to ensure the best possible fit for your child safety seat.
9. Always use the car seat belt to hold the safety seat in place on the car seat - even
when your child is not in the car. Remember, a sudden stop or crash could cause a loose safety seat to be thrown around the car and harm someone.
10. When your child outgrows their child safety seat (at approximately 4 years or 40 pounds), you should move your child into a booster seat. A booster seat is for children too big for a child safety seat and too small for the car's restraint system. A booster seat helps the car's lap and shoulder belt fit properly, which is across the chest, without hitting the neck. The belt should also lay flat across your child's lap, not crossing over the stomach. A good thing about a booster seat is that your child will be more comfortable on car trips and you will know he/she is as safe as possible.

NOTE: New York State law requires ALL children under the age of four to ride in a federally-approved child safety seat when riding in cars, station wagons, recreational and passenger vans and pick-up trucks operated in the State. All persons under the age of 16 must use a seat belt when riding in the back seat. Everyone, regardless of age, must use a seat belt when riding in the front seat.
All child safety seats made after January 1,1981 , must pass tough federal safety tests. Look for a label on the seat or shipping box that says "Meets Federal Motor Vehicle Safety Standard (FMVSS) 213."

Conceptual design by Mary R. Smith, Child Safety Seat Coordinator, Opportunities for Otsego, Inc. To learn about the many New York State programs for children and families, call 1-800-345-KIDS (weekdays, 9 a.m-5 p.m.)

> State of New York
> George E. Pataki, Governor
> Department of Health
> Antonia C. Novello, M.D., M.P.H., Dr.P.H., Commissioner

