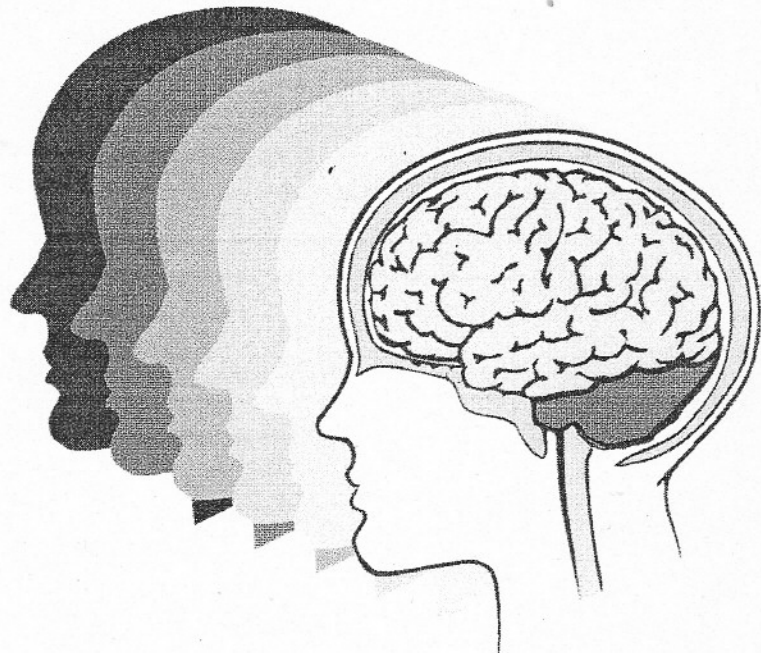

Brain Busters

1. How much does the human brain weigh?
 - a. 8 ounces
 - b. 1.5 pounds
 - c. 3 pounds
 - d. 5 pounds
2. In 1904, which US President threatened to outlaw football after 19 college players were killed or paralyzed from brain or spinal cord injuries?
 - a. William McKinley
 - b. Theodore Roosevelt
 - c. William Howard Taft
 - d. Woodrow Wilson
3. True or False. The weight of the human brain triples during the first year after birth, going from 300 to 900 grams.
4. One baby, child or adult gets hurt by a traumatic brain injury every:
 - a. 15 seconds
 - b. 1 minute
 - c. 2 hours
 - d. 24 hours
5. True or False.
Each year, more people will suffer a traumatic brain injury than will be diagnosed with breast cancer, HIV/AIDS, spinal cord injury and Multiple Sclerosis combined.
6. High school graduates know at least how many words?
 - a. 3,000
 - b. 10,000
 - c. 30,000
 - d. 60,000
7. True or False.
Your brain is more active when you are sleeping than watching television.
8. Bicycle helmets have been shown to reduce the risk of brain injury by as much as:
 - a. 15 percent
 - b. 37 percent
 - c. 56 percent
 - d. 88 percent
9. A brain injury can:
 - a. Change the way you look
 - b. Change the way you walk
 - c. Change the way you talk
 - d. All of the above
10. True or False.
A helmet is an accessory, not a necessity.



[Answers: 1-C, 2-B, 3-True, 4-A, 5-True, 6-D, 7-True, 8-D, 9-D, 10-False]

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SAFE
KIDS
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Helmet's on the move!

The words below can be found horizontally, vertically or diagonally. Circle the word once you find it and mark it off the list. These words relate to sports and the people who participate in leisure activities.

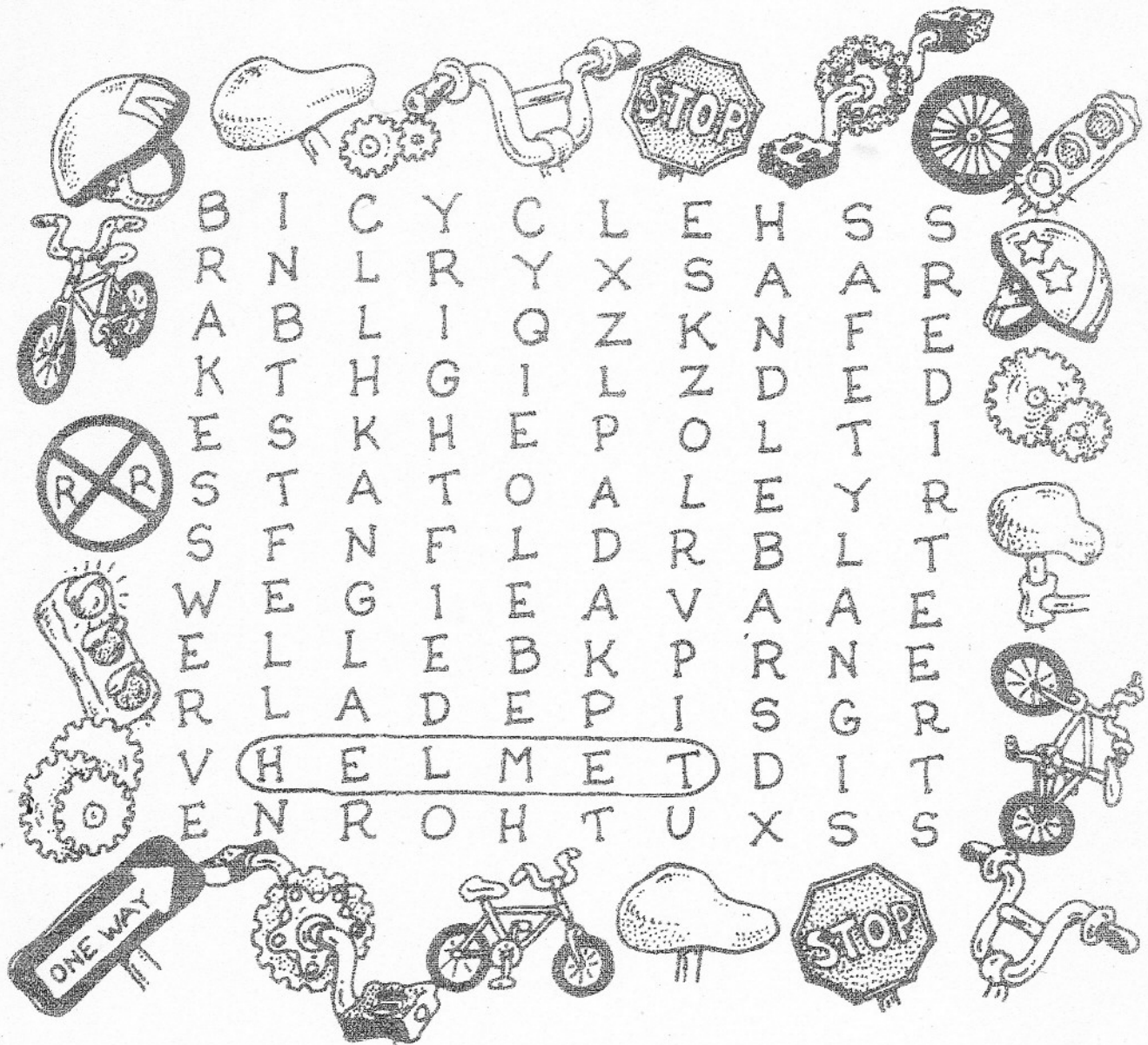
Rollerskating - Football - Horseback Riding - Skiing
- Skateboarding - Scooter -
Inline skating - Hockey - Baseball - Bicycle

A	J	M	R	O	L	L	E	R	S	K	A	T	I	N	G	K	L	N
I	N	L	I	N	E	S	K	A	T	I	N	G	T	B	N	R	C	K
J	H	P	S	C	A	V	E	J	P	G	N	K	L	W	Z	U	P	R
F	F	O	O	T	B	A	L	L	Z	I	N	S	B	N	H	I	O	B
J	J	N	G	Q	U	Z	N	T	I	P	N	W	H	L	E	N	L	C
K	S	N	E	A	O	T	P	K	L	J	E	G	I	W	Z	P	U	Y
N	J	M	Y	H	O	R	S	E	B	A	C	K	R	I	D	I	N	G
S	C	S	K	A	T	E	B	O	A	R	D	I	N	G	O	T	T	D
C	W	C	Q	S	M	T	W	A	S	N	I	R	G	E	A	B	G	Z
H	T	O	H	S	T	N	C	G	E	U	Z	W	P	L	D	G	F	T
V	O	O	H	O	C	K	E	Y	B	L	O	Q	J	W	R	A	Y	A
U	V	T	C	J	V	D	A	C	A	E	G	Z	N	C	S	P	D	O
Y	I	E	L	Q	T	G	C	U	L	M	I	B	I	C	Y	C	L	E
O	R	R	H	W	U	G	R	O	L	N	A	T	N	B	S	I	E	A

What do each of these sports have in common?

Bike Safety Search

Find the words in the alphabet soup.
We've circled one to help you get started.



Bell	Handlebars	Light	Safety
Bicycle	Helmet	Pedal	Signal

Brain Safety Song

sung to the tune of Row, Row, Row your Boat

Directions: Draw a picture to represent each section of the song.

Brain, brain in my head
Helps me think and see
Hearing, feeling, tasting, touching
It does all this for me!

Click, click, click your belt
When you're in the car
Merrily, merrily, merrily, merrily
Safely we go far!

Look, look, look both ways
When you cross the street
If we hold our buddy's hand
Our friends we'll safely meet!

Ride, ride, ride your bike
With your helmet on
Riding safe all day long
Safely we ride on!



I.M. Brainy Activity Sheet

Brain Injury Association of America

www.biausa.org

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